



Episode 80: DC Plan Trends with T. Rowe Price

In this episode of *Revamping Retirement*, CAPTRUST's [Matt Patrick](#) and [Audrey Wheat](#) are joined by Jessica Sclafani, senior defined contribution strategist at T. Rowe Price, to unpack key findings from the 2025 DC Consultant Study. Sclafani highlights the slow but steady shift toward actionable retirement income solutions and the increased attention to integrating private assets into target date funds. Tune in for valuable insights, practical takeaways, and a peek into Sclafani's personal vision of retirement (hint: it involves eccentric hats and lots of dogs).

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