



## How HSAs Can Help Participants Tackle Retirement Healthcare Costs (Webinar Recording)

According to a recent [report](#), a couple with median prescription drug expenses needs \$182,000 in savings to pay for healthcare expenses during retirement. Traditionally thought of only as a way to pay for annual healthcare expenses, one often overlooked way to save for retirement can be a health savings account (HSA).

In this webinar recording, CAPTRUST Defined Contribution Practice Leader [Jennifer Doss](#) is joined by Wes Collins, senior manager of advice and wellness for CAPTRUST, and Lindsay Barnard, senior product manager at [Alegeus](#), a provider of [healthcare payment solutions](#) that partners with the industry's leading health plans, third-party administrators, and financial services and benefit-solution providers. Together they discuss:

- how HSAs can be a key tool in helping participants save for retirement;
- trends in how employees and employers are utilizing the HSA benefit;
- the questions that participants are most often asking about HSAs; and
- the outlook for HSA growth.

## Additional Resource

[Webinar Slides](#)



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