



## Health + Wealth: A Holistic Approach to Retirement (Webinar Recording)

This webinar explores how proactive health planning—like executive health physicals—can support long-term financial goals and improve quality of life. Learn how CAPTRUST advisors are helping clients take a more complete approach to retirement and beyond.

Our speakers Raul Seballos, M.D. of the Cleveland Clinic and CAPTRUST's [Eddie Welch](#) discussed how:

- Health is a key factor in long-term financial planning.
  - Your physical well-being directly influences retirement strategies, healthcare costs, and overall financial security.
- Proactive care can lead to better outcomes.
  - Cleveland Clinic's executive health physicals offer same-day, comprehensive evaluations that help clients stay ahead of potential health risks.
- Holistic planning is the future.
  - CAPTRUST advisors are integrating wellness into financial conversations to help clients make smarter, more informed decisions.

*CAPTRUST recently announced the CAPTRUST Wellness Advantage: Powered by Cleveland Clinic, which combines access to Cleveland Clinic's medical services with CAPTRUST's signature client service, offering a concierge-supported approach to both financial and physical well-being.*

For a copy of the transcript, [click here](#).

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